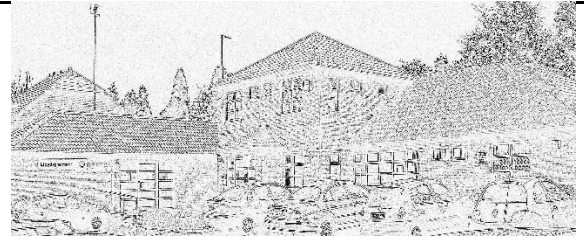


YOUR HEALTH NEWS

THE RIDGEWAY SURGERY AND RIDGEWAY SURGERY PATIENT PARTICIPATION GROUP NEWSLETTER

Second Summer Edition 2026



*** Welcome to the latest edition of The Ridgeway Surgery Newsletter ***

(For this Newsletter in LARGER PRINT or an ALTERNATIVE LANGUAGE, please advise Reception).

A copy of this Newsletter will appear on the surgery website : www.ridgewaysurgery.co.uk.

Keep your details updated - There are feedback forms on the Website and in Reception. Do keep Reception updated with any changes to your contact details.

News Items

Upcoming Flu and Covid Vaccinations. Flu vaccine season will soon be upon us starting on 1st October. Please keep an eye on our surgery website for more details

New Training GP's

As a training practice we would like to give a warm welcome to our 3 new training GP's who are with us for the next 4 months, they are qualified GP's who are continuing their training:

Dr Amanjeet Rekhi, Dr Agnel Saji, Dr Misbah Qamar

New Business/Practice Manager

We would like to give a warm welcome to Pam our new Business/Practice Manager

Fund-Raising Event

On Thursday 2nd July the members of the Friends of Ridgeway Surgery (PPG) held a fund-raising event at the Northway Precinct. This followed on from the very successful event held at the Ridgeway Surgery last December which raised £500 for MacMillan Cancer Support. This time we were raising funds for the **Alzheimer's Society** and **MNDA Black Country** and we were pleased to raise £200 which we have passed on to the charities.

The event was supported by representatives of the Alzheimer's Society, Dudley Council and Sedgley Townswomen's Guild and we were able to talk to a lot of people whose families had been impacted by dementia. We were also able to raise awareness of the impact of **Motor Neurone Disease** and **Myasthenia** on the community and we hope to focus more on these two conditions in the future.

If you, as a patient, have any ideas about charities that we might support in the future – and especially if you would like to join us in working with the PPG to raise funds – then please do get in touch with us via the Ridgeway Surgery. You will be made very welcome.

Dr Komala Karthik, our new Salaried GP, continues our trend of helping the patients know the Ridgeway staff....

"My journey with the "The Ridgeway Surgery" began as a GP trainee, and from the very first day I was welcomed into a supportive team that encouraged me to grow both professionally and personally. Having completed my training, I am delighted to have returned as a salaried GP --- it truly feels like coming home.

As an international doctor, achieving my goal of becoming a GP in the UK has been a journey of hard work, resilience, and learning, and I feel incredibly fortunate that this practice has been such an important part of it. It is a privilege to care for such warm, trusting, and resilient patients, and to work alongside colleagues who provide compassionate, high-quality care every day. I am truly grateful to be part of this wonderful practice and look forward to continuing to serve our community for many years to come."

What is Lung Cancer Screening and why is it so important?

Lung Cancer Screening (formerly known as Targeted Lung Health Checks) is a screening programme for people aged between 55 and 74 who have ever smoked. The programme targets those most at risk of lung cancer and contributes to the ambition of the NHS Long Term Plan, which aims to improve early diagnosis and survival for those diagnosed with cancer.

The Black Country Lung Cancer Screening Programme launched in Sandwell in February 2024, followed by Dudley in July 2024. Based on current NHS policy, the key target for the NHS Lung Cancer Screening Programme is to achieve 100% coverage of the eligible high-risk population in England by March 2030.

One in two people will be diagnosed with cancer in their lifetime; lung cancer alone causes around 35,000 deaths per year in the UK.

Early diagnosis is key to effective treatment and increasing survival for all cancers, but particularly for lung cancer: currently around 75% of lung cancers are diagnosed at a late stage - stages 3 and 4. Only 25% are diagnosed at the earlier stages 1 and 2. If diagnosed at the earliest stage, 70% of lung cancer patients will survive for at least a year, compared to around 14% for people diagnosed with the most advanced stage of the disease.

Lung Cancer Screening can help to spot any problems early, often before you even notice that anything is wrong. If a problem with your breathing or lungs is found early, treatment could be simple and more successful.

Early detection saves lives, and the Lung Cancer Screening Programme is designed to identify lung cancer at the earliest possible stage, when treatment is often more effective and outcomes are improved.

If you were previously invited but did not take up the offer of screening at that time, you can still make an appointment by contacting the booking teams on 01384 884384.

For further information on Lung Cancer Screening, please visit: [Lung Cancer Screening Programme - The Dudley Group NHS Foundation Trust](#)

Thank you for reading this newsletter.